Forest foods: health and life insurance

Let food be thy medicine & medicine be thy food, Hippocrates
Invisibility & undervaluation of forest foods poses risks
Threshold: resource degradation accelerates
Strengthen capacity to conserve & manage forests

- Inclusive decision making
- Negotiation skills
- Women’s participation
- Community organization
- Multiple use inventories
- Ecological & market info
- Contract details
Share knowledge in innovative ways

- Involve end-users start to finish
- Enhance traditional with scientific knowledge
- Ensure rigor – nutrition, ecology, economics, recipes
- Use images & accessible language
- Feed into policy at national and state levels
Make complex data accessible

Market prices

Nutritional value

Comparative income

Subsistence value

Management tips
Build eclectic, strategic partnerships

- Link social & environmental justice
- Unconventional, defiant
- Range of funding
- Life-long commitment
- Across sectors & scales
Link partners across scales and regions - grassroots to policy
Celebrate forest foods for cultural resilience

1st Annual Negrito Cultural Revival Festival & Development Forum
Agta Tribal Council, Philippines
Southeast Asian NTFP-EP
Publications:

www.peopleandplants.org

Amazon Fruit book: http://www.fao.org/docrep/015/i2360e/i2360e00.htm

Portuguese: MMA & CIFOR

Patricia Shanley
P.Shanley@cgiar.org